


## Faculty Profile

	<b>Zubaida Akhtar, MSN (Malaysia), M. Phil in Public Health, BSN, RN</b>
	<b>Department of Nursing, Shalamar Nursing College, SIHS</b>

### About Zubaida Akhtar

Ms. Zubaida Akhtar Completed her RN, RM training at the Liaqat Medical University Jamshoro, Karachi from 1994 to 1998. Her Post Graduate Diploma in Critical Care Nursing and Cardiac Care at Saida Waheed FMHCON Lahore from April 2003 to April 2004.

She did BSN, Post RN (2-Year) at Saida Waheed FMHCON Lahore from April, 2007 to February, 2010 and also have been completed HIPC one year Post Graduate Diploma at the Indus Hospital Karachi from August 2018 to July, 2019.

She has been completed M. Phil in Public Health, at G.C University Faisalabad from 2018 to 2020 and currently Pursuing her MSN at MAHSA University (Malaysia)

She is currently working as Program Coordinator at SNC (SIHS) Pakistan Lahore Since May, 02 2017 to date. Besides she has worked in Overseas as a Staff Nurse, at King Abdullah Medical City hospital of Saudi Arabia (Makah) Since November, 2014 to December, 2016.

Previously she was working as a Sr. Nursing Instructor at Saida Waheed FMHCON Lahore from May 2010 to November 2014.

Her work experience spans over 20 years that she has gain through working as a Staff Nurse, ICN and Clinical Preceptor at Fatima Memorial Hospital & College of Nursing Since 2000 to 2010

<b>Present Title &amp; Affiliation</b>	<b>Assistant Professor/Program Coordinator</b> Shalamar Nursing College, Shalamar Institute of Health Sciences.
<b>Research Interests</b>	<ul style="list-style-type: none"> <li>• Health Care in the Digital Age: Risks.</li> <li>• Examining the efficacy of non-pharmacological pain management options for teenagers.</li> <li>• Advantages of selecting a nursing career.</li> <li>• Best ways used to improve studying conditions for nursing students.</li> <li>• How to improve patient care standards.</li> <li>• The role of a clinical nurse.</li> </ul>
<b>Clinical Interests</b>	<ul style="list-style-type: none"> <li>• Communicate with patients and carers to ensure they have access to appropriate information.</li> <li>• Promote and maintain positive relationships between all staff involved in the care of the patient.</li> <li>• Contribute to the promotion of a positive learning environment with the clinical area.</li> <li>• Keep up to date with developments, advances and research in individualized patient care and participate in research/educational programs relating to professional nursing issues.</li> <li>• Participate in teaching, supervising and assessment of learners and other staff.</li> </ul>
<b>Education &amp; Training</b>	<ul style="list-style-type: none"> <li>▪ Masters of Science in Nursing (MSN) 2023 MAHSA University Malaysia, Malaysia</li> <li>▪ M. Phill in (Public Health) 2020 Govt College &amp; University Faisalabad, Pakistan</li> <li>▪ BSCN (Post RN-2Year) 2010 University of Health Sciences, Lahore, Pakistan</li> <li>▪ B.Sc. Nursing 2007 Punjab university, Lahore, Pakistan</li> <li>▪ Intermediate 2005</li> </ul>

	<p>Board of Intermediate &amp; Secondary Education, Lahore, Pakistan</p> <ul style="list-style-type: none"> <li>▪ PGD in ICU/CCU 2004 Fatima Memorial Hospital, Lahore, Pakistan</li> <li>▪ Register Midwife 1999 Lady Willington Hospital, Lahore Pakistan</li> <li>▪ Register Nurses 1997 Liaqat Medical College &amp; University of Health Sciences Jamshoro ,Pakistan</li> <li>▪ Matriculation 1992 Board of Intermediate &amp; Secondary Education, Lahore Pakistan</li> </ul>
<p><b>Board Certifications</b></p>	<p>2023 MAHSA University Malaysia 2020 Punjab University 2010 University of Health Sciences 1997 Pakistan Nursing Council 1999 Nursing Examination Board ( NEB) Lahore, Pakistan 2004 1992 Board of Intermediate and Secondary Education Lahore , Pakistan 2005 Matriculation / FSC Pre Medical</p>
<p><b>Experience &amp; Service</b></p>	<p><b>Program Coordinator</b> Aug 2017 - to date Shalamar Nursing College Lahore, Pakistan</p> <p><b>Sr. Nursing Instructor</b> May 2017 - Aug 2017 Shalamar Nursing College Lahore, Pakistan</p> <p><b>Staff Nurse – I</b> Nov 2014 - Dec 2016 King Abdullah Medical city Hospital Makkah Saudi Arabia (KSA)</p> <p><b>Sr. Nursing Instructor</b> Dec 2010 – Nov 2014 Saida Waheed FMH Collage of Nursing Lahore, Pakistan</p> <p><b>Clinical Preceptor</b> May 2010 - Dec 2010 Fatima Memorial Hospital Lahore, Pakistan</p> <p><b>Infection Control Nurse</b> Apr 2004 – Apr 2007 Fatima Memorial Hospital Lahore, Pakistan</p> <p><b>Staff Nurse (ICU)</b> Jan 2001 - Mar 2004 Fatima Memorial Hospital Lahore, Pakistan</p> <p><b>Staff Nurse (PACU)</b> Feb 1999 - Dec 2000 Fatima Memorial Hospital Lahore, Pakistan</p>
<p><b>Honors &amp; Awards</b></p>	<ul style="list-style-type: none"> <li>▪ SKH English Language &amp; ILETS Preparation Center 07/02/2021</li> <li>▪ <b>5<sup>th</sup> International Virtual Conference for Nurses on The Frontline Against COVID-19</b> at Shalamar Medical &amp; Dental College Lahore, Pakistan 03/02/2021</li> <li>▪ <b>5<sup>th</sup> International Virtual Conference</b> at Shalamar Medical &amp; Dental College Lahore, Pakistan <b>06/02/2021</b></li> <li>▪ Certificate as organizer in the <b>“6<sup>th</sup> Pinning &amp; Capping and Candle lighting Ceremony</b> at Shalamar College of Nursing Lahore, Pakistan. <b>04/10/2019</b></li> <li>▪ <b>Sports day</b> held at Shalamar Nursing College Lahore <b>03/02/2019</b></li> </ul>

	<ul style="list-style-type: none"> <li>▪ First international Nursing Symposium on <b>“Nurses: A VOICE To LEAD: Health is a Human Right” with (CNE Point:8)</b> at Shalamar Nursing College Lahore <b>07/07/2018</b></li> <li>▪ Certificate on completion of <b>Paediatric Oncology Hematology Course/Training “Medication Skills, Infection Control, BLS, Patient Family Education”</b> held on at Children Cancer Hospital Karachi Pakistan. <b>27/06/2014</b></li> <li>▪ Certificate of Appreciation in recognition of services as a <b>Volunteer Trainer for “Infection Control Skills training</b> held on Fatima Memorial Hospital Lahore. <b>16/01/2007</b></li> <li>▪ Certificate for Successfully a training on <b>“Communication Skills”</b> held at Fatima Memorial Hospital Lahore <b>04/07/2006</b></li> </ul>
<p><b>Professional Memberships</b></p>	<ul style="list-style-type: none"> <li>▪ Pakistan Nursing Council REGD No: A-26575 Valid: 26-02-1994 to 18-08-2025</li> <li>▪ Member of Pakistan Nursing Federation</li> <li>▪ Member of Young Nurse Association</li> </ul>
<p><b>Selected Publications</b></p>	<ol style="list-style-type: none"> <li>1. “Food Safety Knowledge and Practice among food Handlers in food street Lahore” (International Journal of Medical Research &amp; Health Sciences 2020, 9(5): 81-88)</li> <li>2. “Perceptions of Students Regarding Web Based/E-Learning during COVID-19 at Nursing College Lahore, Pakistan” (Annals of Medical and Health Sciences Research 11 (8))</li> <li>3. “Knowledge, Attitude and Practice toward Hand Washing Among Undergraduate Nursing Students in Lahore” (<a href="https://saudijournals.com/journal-details/sjnhc/106/995">https://saudijournals.com/journal-details/sjnhc/106/995</a>, 158-163.)</li> <li>4. “Critical care nurses’ knowledge about enteral tube feeding at public sector hospital, Lahore” (<a href="https://www.pulsus.com/archive/pulhpm-volume-5-issue-2-year-2022.html">https://www.pulsus.com/archive/pulhpm-volume-5-issue-2-year-2022.html</a>)</li> <li>5. “Trauma nurses’ Role and Emergency Management skills at Tertiary Care Hospital, Lahore” (<a href="https://saudijournals.com/journal/sjnhc/">https://saudijournals.com/journal/sjnhc/</a>)</li> <li>6. “How do trauma nurses play their role and manage their emergency skills of management? A case study at a tertiary care hospital in Lahore” (<a href="https://lighthouse pub.com/ajhas/article/view/26">https://lighthouse pub.com/ajhas/article/view/26</a>)</li> <li>7. “Factors Affecting Job Motivation among Nurses at Punjab Institute of Cardiology, Lahore” (<a href="https://www.pjmhsnline.com/index.php/pjmhs/article/view/448">https://www.pjmhsnline.com/index.php/pjmhs/article/view/448</a>)</li> <li>8. Effects Of Transformational Leadership Educational Program on Behaviour Of Nurse Managers Working At Tertiary Care Hospital Lahore, Pakistan <a href="https://sifisheressciences.com/index.php/journal/article/view/1847/1164">https://sifisheressciences.com/index.php/journal/article/view/1847/1164</a> <a href="https://sifisheressciences.com/index.php/journal/index">https://sifisheressciences.com/index.php/journal/index</a> Journal of Survey in Fisheries Sciences 10(3) 492-496 2023</li> </ol>
<p><b>Grant &amp; Contract Support</b></p>	<p>Not Applicable</p>