


Faculty Profile

	Umar Hayat
	Department of Nursing
<p>Mr. Umar is Nursing Lecturer in the Department of Nursing at the Shalamar Nursing College. He is also co-leader of the BLS initiative in its recently announced Program, to Enhance Knowledge and skills of the Institute Students.</p> <p>Mr. Umar earned his Nursing degree from the University of Health Sciences and his first Clinical appointment in Shalmar hospital as Intern Nurse and Registered Nurse. He came to Lahore in 2010 for a Bachelor in Science in Nursing, at Shalamar College of Nursing, focusing on Nursing care and management. In 2015 he joined the internship in the Department of Nursing. He has continually risen through the faculty ranks, achieving Clinical Lecturer in 2020 and early promotion to Nursing Lecturer in 2021. He was awarded an appreciation Certificate by the institute in 2022.</p> <p>Mr. Umar is repeatedly listed among the top Lecturer of Shalamar College of Nursing. He is author of two peer-reviewed publications and is recognized with HEC.</p> <p>Mr. Umar is a member of numerous professional institutional committees, and has served on many committees. He is currently a member of the Co Curriculum Committee, Disciplinary Committee in Shalamar nursing college.</p>	
Present Title & Affiliation	<p>Initial Appointment Clinical Lecturer in the Department of Nursing at the Shalamar Nursing College Lahore 2020</p> <p>Promoted to Nursing Lecturer in the Department of Nursing at the Shalamar Nursing College, Lahore in 2022.</p>
Research Interests	<ul style="list-style-type: none"> • Impact of Critical care, on Critically ill patient and on his/her family
Clinical Interests	<ul style="list-style-type: none"> • Teaching students to maintain a high standard of patient focused care • Provide teaching and training regarding assessment, planning, implementation and evaluation of nursing care for patients, ensuring accurate written records are kept. • Promote and maintain positive relationships between all staff involved in the care of the patient • Participate in the audit and evaluation of clinical practices in the interests of promoting quality care. • Promote evidence based practice where possible. • Contribute to the promotion of a positive learning environment with the clinical area. • Keep up to date with developments, advances and research in individualized patient care and participate in research/educational programs relating to professional nursing issues. • Participate in teaching, supervising and assessment of learners and other staff. Participate in preceptor and mentorship programs. • Assist in facilitating a positive learning environment on the ward/department.

Education & Training	<p>Degree Education</p> <p>2014 University of Health Sciences Lahore</p> <p>Experience:</p> <p>2014-2015 Intern, Shalmar Hospital , Lahore</p> <p>2020-present Clinical/ Nursing Lecturer, 2020- present, Shalmar College of Nursing Institute Of Health Sciences, Lahore</p> <p>2020-2020 Infection Control Nurse, Indus Hospital Manawa Campus , Lahore</p> <p>2018-2019 Registered Nurse, , Indus Hospital Manawa Campus , Lahore</p> <p>2016-2016 Registered Nurse, Shalamar Institute Of Health Sciences, Lahore</p>
Board Certifications	<p>2014 University of Health Sciences Lahore</p> <p>2008 BISE Malakand KPK</p> <p>2002 BISE Swat KPK</p>
Experience & Service	<p>Administrative Appointments/Responsibilities Department of Nursing Clinical/ Nursing Lecturer, 2020- present</p> <p>Other Appointments/Responsibilities Department of Nursing BLS program , The Shalamar Nursing College, Lahore, 2022 -Present</p> <p>Institutional Committee Activities Member, Co-Curricular Committee, 2020- present</p> <p>Member, Disciplinary Committee, 2020- present</p>
Honors & Awards	<p>Awarded an appreciation Certificate by the institute Shalamar Nursing College Lahore. 2022</p>
Professional Memberships	<p>Pakistan Nursing Council, Licenses Association Islamabad Pakistan</p> <p>Member, 2016 - Present</p>
Selected Publications	<ol style="list-style-type: none"> 1. Ali, A., Peter, N., Hayat, U., Asif, A., & Karim, K. EFFECT OF ULTRAFILTRATION RATE ON DIALYSIS CLINICAL INDICATORS AMONG A HEMODIALYSIS PATIENTS. Page, 24, 40-0. 2. Khan, M. H., Bibi, A., Hayat, U., Gill, J., & Muncie, M. (2021). ATTITUDE AND PREPAREDNESS OF NURSE MANAGER TOWARDS EFFECTIVE DELEGATION IN PUBLIC SECTOR HOSPITAL, LAHORE. Journal of Health Policy and Management Vol, 4(1),