


Faculty Profile

	<p>Mrs. NASIM RAFIQ</p>						
	<p>Principal, Shalamar College Of Nursing Shalamar Hospital Lahore</p>						
<p>About principal Nasim Rafiq</p> <p>Principal. Nasim Rafiq now serves as the Principal at the College of Nursing, Shalamar Institute of Health Sciences, located in Lahore, Pakistan. Since 2018, she has been working as a keynote speaker both nationally and internationally. She has gained significant recognition for her expertise in curriculum planning and the promotion of nursing quality and practice, with the aim of elevating the nursing profession in Pakistan.</p> <p>In 2015, she obtained her Master of Science in Nursing from Northumbria University, UK. She is currently undertaking her doctoral studies at MAHSA University in Kuala Lumpur, Malaysia. She has accumulated over 25 years of experience in the nursing field, progressing from a Staff Nurse to the role of Director of Nursing both domestically and internationally. Additionally, she has served as a Nursing Lecturer for over 7 years. She serves as a dynamic Coordinator for the Inspection Team of the Pakistan Nursing and midwifery Council (PNMC).</p> <p>She is a key note speaker in an international lecture series in Indonesia, representing Pakistan from the nursing perspective. Her objective is to equip nursing students with exceptional and cutting-edge education in order to enable them to deliver efficient and secure healthcare to patients. She is also striving to enhance her teaching, learning, and clinical abilities to promote the progress of nursing education within the nursing profession.</p>							
<p>Present Title & Affiliation</p>	<p>Principal Shalamar Nursing College, Shalamar Institute of Health Sciences.</p>						
<p>Research Interests</p>	<p>Mrs. Nasim Rafiq, a prolific author of 11 peer-reviewed journals, has significantly contributed to research projects that align with corporate objectives. Her research has provided crucial insights into important areas such as nursing, public health, and medicine. As a research supervisor at Shalamar College of Nursing, she has effectively disseminated her work through the publication of 11 publications, with nine of them having a global reach and the remaining two being included in national journals.</p>						
<p>Clinical Interests</p>	<ul style="list-style-type: none"> ➤ Maintaining soft skills with patients and caregivers to ensure access to vital information, as well as cultivating positive relationships with all professionals involved in patient care. ➤ Integrating theory into practice, teaching high-quality patient-centered care, maintaining a healthy and secure work atmosphere, and providing training in nursing care assessment, planning, execution, and evaluation with accurate record-keeping. ➤ Follow the PNMC code of ethics and respond to service requests as needed. ➤ Auditing and reviewing clinical processes to enhance treatment quality and promote evidence-based practices. ➤ Fostering a favorable clinical learning environment, maintaining up-to-date on individualized patient care, and actively contributing to nursing research and teaching. Participating in teaching, monitoring, and evaluating students. 						
<p>Education & Training</p>	<p>Degree-Granting Education:</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 20%;">2021 – 2024</td> <td>PhD in Nursing, MAHSA University, Selangor, Sujana Putra, Malaysia.</td> </tr> <tr> <td>2013 – 2015</td> <td>Master of Science in Nursing, Northumbria University, New Castle, UK.</td> </tr> <tr> <td>2008 – 2008</td> <td>Bachelor in Sciences (nursing) Special category, Punjab University Lahore.</td> </tr> </table>	2021 – 2024	PhD in Nursing, MAHSA University, Selangor, Sujana Putra, Malaysia.	2013 – 2015	Master of Science in Nursing, Northumbria University, New Castle, UK.	2008 – 2008	Bachelor in Sciences (nursing) Special category, Punjab University Lahore.
2021 – 2024	PhD in Nursing, MAHSA University, Selangor, Sujana Putra, Malaysia.						
2013 – 2015	Master of Science in Nursing, Northumbria University, New Castle, UK.						
2008 – 2008	Bachelor in Sciences (nursing) Special category, Punjab University Lahore.						

	<p>1995 – 1997 Bachelor in Arts (Education) Punjab University Lahore.</p> <p>Postgraduate Training:</p> <p>2019-2019 Principles of bioethics and human rights (06 months virtual) of UNESCO universal declaration of bioethics and human rights.</p> <p>2012-2012 My TESOL (205 hours), English language course, Allianze University College, Pulau Pinang, Malaysia.</p> <p>2007 -2008 Specialized in Nursing Education, Post Graduate College Of Nursing Lahore (Silver medalist).</p> <p>2006- 2007 Specialized in Nursing Management, Post Graduate College Of Nursing Lahore (Silver medalist).</p> <p>2004-2004 Capacity building of Nursing (03 months), NUML University, Islamabad (awarded as best student).</p> <p>2001 –2002 Specialized in Ophthalmic Nursing, Post Graduate College Of Nursing Lahore (Browns medalist).</p>
<p>Board Certifications</p>	<p>1992-1995 Diploma in Nursing Sciences, Nursing Examination Board Punjab, Lahore (Gold medalist).</p> <p>1996-1997 Diploma in Nursing Midwifery, Nursing Examination Board Punjab, Lahore (Gold medalist).</p>
<p>Experience & Service</p>	<ul style="list-style-type: none"> ➤ SHALAMAR COLLEGE OF NURSING, Shalimar link road, Lahore, Pakistan, period from July 2017- To- To date <u>+06 years</u> continue ➤ ALDAR HOSPITAL, Madinah –Al- Munawara, Saudi Arabia, Period from August, 2015 to May 2017 – <u>02 years</u> ➤ ITTEFAQ HOSPITAL (TRUST), Model Town, Near H Block, Lahore, Pakistan. Period from February 2015 to August 2015 - <u>+7 months</u> ➤ ALLIANZE UNIVERSITY COLLEGE OF MEDICAL SCIENCES (AUCMS), Pulau Penang, Malaysia, from 12th May, 2009 to January 2015 – <u>+06 years</u> ➤ DEPARTMENT OF ACCIDENT AND EMERGENCY, SIR GANGA RAM HOSPITAL, Lahore, Pakistan, from 3rd June, 2008 till 10th May, 2009 – <u>01 year</u> ➤ GOVERNMENT MIAN MUHAMMAD MUNSHI DHQ.1 HOSPITAL, Lahore, Pakistan, period from 7th September, 1999 till 2nd June, 2008 – <u>+08 years</u> ➤ GOVERNMENT MUHAMMAD NAWAZ SHARIF HOSPITAL, Lahore, Pakistan, period from 7th May, 1997 till 7th September, 1999- <u>+02 years.</u>
<p>Honors & Awards</p>	<ul style="list-style-type: none"> ➤ Appreciation recognition award as key note speaker at the MAHSA international medical technology (MI-Med) conference dated on 22-23rd July 2022 from MAHSA University, Kuala Lumpur, Malaysia. ➤ Appreciation recognition award as principal from Shalamar Institute Of Health Sciences Lahore dated on 21st March, 2022. ➤ Research excellence award on international publication from Shalamar Institute of health sciences Lahore dated on 11th March, 2022. ➤ Certificate of Appreciation ‘Our alumni our brand’ dated on 25th September, 2021 from MAHSA University, Kuala Lumpur, Malaysia ➤ Appreciation award from MAHSA University, Kuala Lumpur, Malaysia on 1st

	<p>international nursing symposium dated on 25th October 2018.</p> <ul style="list-style-type: none"> ➤ Appreciation Award CEBAHI Mock Survey May (2016), from Aldar Hospital Madinah –Al-Munawara, Kingdom of Saudi Arabia. ➤ Appreciation Award as Nursing Director in 2015, from Ittefaq Hospital (Trust), Model Town Lahore, Pakistan. ➤ PPD Camp facilitator at Allianze University College of medical sciences 2013-2015, Pulau Penang, Malaysia. ➤ Browns medal in Post Basic Specialization in Nursing Education March (2008) from Postgraduate College of Nursing, Lahore, Pakistan. ➤ Silver medal in Post Basic Specialization in nursing management March (2007) from Postgraduate College of Nursing, Lahore, Pakistan. ➤ Best student award (2004) on Capacity Building of Nursing course from National University of Modern Languages (NUML) University, Islamabad, Pakistan. ➤ Top position in Diploma in Midwifery in February (1996) from Services Hospital Lahore, Pakistan. ➤ Top position in Diploma in Nursing in March (1995) from Services Hospital Lahore, Pakistan.
<p>Professional Memberships</p>	<ul style="list-style-type: none"> ➤ Active member of Inspection Team of University of health sciences (UHS) since April 2023 to date Lahore, Pakistan ➤ Active member of International Lecturer series study base of academic and practices since 2023, Jakarta Indonesia. ➤ Active member of Institutional Review Board (IRB) of Shalamar Medical and Dental College, since 2020 to date Shalimar link road Lahore, Pakistan. ➤ Active Member of Inspection Team Pakistan Nursing Council since October 2019, Islamabad, Pakistan. ➤ Active Supervisor / advisor since 2019 to date of Post RN students of MAHSA University, Kuala Lumpur, Malaysia. ➤ Active member of Punjab Health Sector Strategic program since 2018 to date Ministry of health Punjab, Pakistan. ➤ Active member of Punjab Bioethics committee of Shalamar Medical and Dental College, since 2018 to date Shalimar link road Lahore, Pakistan. ➤ Active Speaker of continuous nursing development (CPD Courses) programs nationally and internationally, since 2018 to date Shalimar link road Lahore. ➤ Active member of Academic council committee of University of health sciences (UHS) since 2017 to date Lahore, Pakistan. ➤ Active member of Infection control committee of SIHS, since 2017 to date Shalimar link road Lahore. ➤ Active member of Quality control committee of Shalamar institute of health Sciences, since 2017 to date Shalimar link road Lahore. ➤ Active member of Academic council committee of nursing examination board Punjab, cooper Road Lahore since 2017 to date. ➤ Registered Nurse (Director of Nursing) Ministry of health (1st August, 2015 Till 30th May 2017) Kingdom of Saudi Arabia (KSA). ➤ Registered Nursing Lecturer of Malaysian Nursing Board- T5084 (1st March, 2012 till 5th September, 2015) Malaysia. ➤ Registered Nurse Practitioner of Pre-Hospital Emergency Care Council (Expired on 28th January, 2011) Ireland. ➤ Registered Member of Pakistan Nursing Council- A24325 (1997, till 09 August, 2024) Pakistan.

Peer-Reviewed Article:

Title: Moral Sensitivity and Safe Nursing Care among nurses caring Covid-19 patients in Punjab, Pakistan: A Pilot Project

Authors: Nasim Rafiq, Robina Ghaffar, Amjad Ali, Prof. Dr. Shahbaz Arif

Date of Publication: 2023/11/17

Journal: Central European Management Journal

Published: https://journals.kozminski.cem-j.org/index.php/pl_cemj/article/view/1108

Title: Validation Of Safe Nursing Care Questionnaire Among Covid-19 Nurses: In The Context Of Punjab, Pakistan

Authors: Nasim Rafiq, Hassnain Ali, Prof. Dr. Rusli Bin Nordin, Prof. Dr. Shahbaz Arif

Date of Publication: 31/07/23

Journal: Journal of Positive School Psychology

Published: <https://journalppw.com/index.php/jpsp/article/view/17256>

Title: Validation of the moral sensitivity questionnaire among nurses, during covid-19 pandemic in Pakistan

Authors: Nasim Rafiq, Shazia Noureen, Robina Majeed, Prof. Dr. Shahbaz Arif, Prof. Dr. Rusli Bin Nordin

Date of Publication: 07/23

Journal: Journal of Positive School Psychology

Published: <https://journalppw.com/index.php/jpsp/is>

Title: WhatsApp-delivered intervention for continued learning for nurses in Pakistan during the COVID-19 pandemic: Results of a randomized- controlled trial

Authors: Sara Rivi Jafree, Rubeena Zakar, Nasim Rafiq, Ambreen Javed, Rana Rubaba Durrani, Syeda Khadija Burhan, Syed Mujtaba Hasnain Nadir, Fatima Ali, Aimen Shahid, Ain Ul Momina, Qaisar Khalid Mahmood and Florian Fischer

Date of Publication: 15/02/22

Journal: Frontiers in Public Health, section Digital Public Health

Published: <http://journal.frontiersin.org/article/10.3389/fpubh.2022.739761/full>

Title: Perception of students regarding Web-based/E- Learning during Covid -19 at Nursing College Lahore, Pakistan

Authors: Gulshan Umbreen, Zubaida Akhtar, Nasim Rafiq

Date of Publication : 10/01/2021

Journal: Annals of Medical and Health Sciences Research

Published: <https://scholar.google.com/scholar?oi=bibs&cluster=9235027026314893290&btnI=1&hl=en>

Title: Factors Affecting Job Motivation among Nurses at Punjab Institute of Cardiology, Lahore

Authors: Humaira Batool, Shazia Nazir, Nasim Rafiq, Zubaida Akhtar

Date of Publication : 2022/4/12

Journal: Pakistan Journal of Medical & Health Sciences

Published: <https://scholar.google.com/scholar?oi=bibs&cluster=1359724126285130875&btnI=1&hl=en>

Title: The Impact of Nurses Job Stress Level on Patients Care in Tertiary Care Hospital

Authors: Muhammad Talha Yasin, Nasim Rafiq, Alina Hameed, Muhammad Yasir, Rida Ahmed, Shehbaz Ali

Date of Publication : 2023/6/06

Journal: Pakistan Journal of Medical & Health Sciences

Published: <https://thejas.com.pk/index.php/pjhs/article/view/800>

Selected Publications

	<p>Title: Assessment of Knowledge and Associated Factors with Supplemental Oxygen Administration for Critically Ill Patients among Nurses Authors: Moniba Younas, Amjad Ali, Nasim Rafiq, Ammara Tayyab, Hadiqa Asif, Shabana Asghar, Maham Afzal, Date of Publication : 2023/6/31 Journal: Pakistan Journal of Medical & Health Sciences Published: https://thejas.com.pk/index.php/pjhs/article/view/834</p> <p>Title: Nurses' knowledge regarding permanent pacemaker care for adult patients with cardiac rhythm disorder. Authors: Umm E Aimen, Summaiya Mansoor, Nasim Rafique, Amjad Ali, Iqra Nazir, Rija Fatima, Shagufta Waris, Lubna Kosar Date of Publication : 2023/5/31 Journal: Pakistan Journal of Medical & Health Sciences Published: https://thejas.com.pk/index.php/pjhs/article/view/765</p> <p>Title: Neuraminidase Inhibitors Resistance: The Irrational Use of Oseltamivir Can Lead to Genesis of Mutant Avian Influenza Viruses in The Field Authors: Rida Iftikhar, Kinza Khan, Iftikhar Masud, Muhammad Furqan Shahid, Nasim Rafiq, Saba Javed Date of Publication: August 16, 2023 Journal: Pakistan Veterinary Journal Published:https://scholar.google.com/scholar?oi=bibs&cluster=1087709782163098968&btnI=1&hl=en</p> <p>Title: level of stress and associated factors among nurses working in critical care units in Public sector hospital Lahore. Authors: Habiba Awan, Sehar Urooj, Nasim Rafiq, Amjad Ali, Nabila Rani, Zubaida Akhtar Date of Publication: 07/07/2023 Journal: Journal of Positive School Psychology Published: http://mail.journalppw.com/index.php/jpsp/article/view/17177</p>
<p>Grant & Contract Support</p>	<p>1. <i>Got grant of 400000 Pakistani rupees from Shahid Hussain foundation on the below said study in 2020:</i></p> <p>Title: Perception of students regarding Web-based/E- Learning during Covid -19 at Nursing College Lahore, Pakistan Authors: Gulshan Umbreen, Zubaida Akhtar, Nasim Rafiq Date of Publication : 10/01/2021 Journal: Annals of Medical and Health Sciences Research Published:https://scholar.google.com/scholar?oi=bibs&cluster=9235027026314893290&btnI=1&hl=en</p> <p>2. <i>Got grant of PhD in nursing scholarship from Shahid Hussain foundation in 2021-2024</i></p>