

PROFESSIONAL SUMMARY

Full Name	MRS. NASIM RAFIQ				
Specialty	Principal Shalamar Nursing College Consultant Entrepreneur (Nursing), National & International Speaker (Nursing), RN, RM (Pakistan KSA and Malaysia), Ph.D Scholar (Malaysia), Masters in Nursing Sciences (UK), Specialized in Nursing Education, Nursing management & Nursing Ophthalmology (PK)				
Department Affiliation	Shalamar Institute of health Sciences Lahore				
Date Of Joining	01/07/2017				
Professional Summary	<p>Mrs. Nasim Rafiq is a Principal in Shalamar College of Nursing at Shalamar Institute of Health Sciences, Lahore Pakistan. She has completed her Master in Nursing Science with Northumbria University UK in 2015. Currently, she is pursuing her PhD with MAHSA University Kuala Lumpur Malaysia. She has over 7 years of experience in clinical areas of Pakistan, over 7 years of experience in teaching & education from peninsular Malaysia and over 7 years of experience in managerial affairs nationally & internationally. She has also contributed her executive services as Director of Nursing in Kingdom of Saudi Arabia over 2 years. She is an active Coordinator Inspector of Pakistan Nursing Council (PNC) Inspection team.</p> <p>She aims to deliver high quality and advanced nursing education to provide effective and safe health care to the patients. She is also seeking to develop teaching, learning & clinical skills for the advancement of nursing education in nursing profession.</p>				
Academic Profile	TITLE	FROM	TO	INSTITUTION	CITY/COUNTRY
	Principal	2017	To -Date	Shalamar Nursing College	Pakistan
	Nursing Director	2015	2017	Al-Dar Hospital Madinah Munawara, Saudi Arabia	Kingdom Of Saudi Arabia (KSA)
	Nursing Director	2015	2015	Ittefaq Hospital Trust	Lahore Pakistan
	Program Coordinator/	2009	2015	Allianz University College of Medical Sciences	Pinang, Malaysia



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	Nursing Lecturer				
Residencies/Clinical Training Or Clinical Attachment	Nurse Manager/HN	2008	2009	Sir Ganga Ram Hospital	Lahore Pakistan
	Charge Nurse	1999	2008	Govt Mian Muhammad Munshi DHQ-1	Lahore Pakistan
	Charge Nurse	1997	1999	Govt Muhammad Nawaz Sharif Hospital Yakki gate	Lahore Pakistan
Award & Certification	<ul style="list-style-type: none"> ➤ Certificate of participation Informed Consent on world bioethics Day 9th October, 2021 Shalamar Medical and Dental College (SMDC), Shalamar Link Road Lahore. ➤ The international Certificate of Principles of bioethics and human rights-2019 of UNESCO universal declaration of bioethics and human rights. ➤ Certificate of Cardio pulmonary Resuscitation (BLS)-2015 Saudi Heart Association, Saudi Arabia. ➤ Certificate of attending Research Super vision-2013 at Allianza university college, Pulau Pinang, Malaysia. ➤ Certificate of attending Overview to international publication-2013 at Allianza university college, Pulau Pinang, Malaysia. ➤ Certificate of attending CNE Communication, Espirit de corps, confidentiality and loyalty 25 September-2013 at Allianza university college, Pulau Pinang, Malaysia. ➤ Certificate of attending CNE Application Of Soft Skills 8th January-2013 at Allianza university college, Pulau Pinang, Malaysia. ➤ Certificate of teaching English course My TESOL (205 hours), 13th October -2012 Allianza University College, Pulau Pinang, Malaysia. ➤ Certificate Course on Cardiac First Responder-2008 King Edward Medical College, Lahore, Pakistan. ➤ Certificate in Health Planning Training Course-2007 ➤ Provisional Health development Centre, Lahore, Pakistan. ➤ Certificate in Teaching Methodology-2006 ➤ Provisional Health Development Centre, Lahore, Pakistan. ➤ Certificate in Capacity Building of Nursing Course-2004 National University of Modern Languages, Islamabad, Pakistan.{Best Student Award} ➤ Certificate Course on Basic Training in Ultrasonography-2003 Dr. Rahat Lab and Ultrasound Centre, Lahore, Pakistan. 				

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	<ul style="list-style-type: none"> ➤ Certificate in International Classification of Nursing Practice-2002 Aga Khan University, School of Nursing, Karachi, Pakistan. ➤ Certificate in Family Planning Methods-July 2001 Sabz Sitara, Lahore, Pakistan.
<p>Seminar & Workshops</p>	<ul style="list-style-type: none"> ➤ 6th International Conference (as chair of Scientific Session) titled 'Current Nursing Challenges in Growing Health Care Sectors, 4th February, 2022, Shalamar Medical and Dental College (SMDC), Shalamar Link Road Lahore. ➤ Workshop on "Nursing Professionalism: An Evolutionary Concept" (as Speaker) dated on 25th January 2022, (virtual conference) Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Workplace Violence: from Nursing Perspectives" (as Speaker) dated on 24th January 2022, (virtual conference) Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Walking through grief helping others- Deal with the loss of Covid-19" (as Speaker) dated on 4th February 2021, (virtual conference) Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Nurses are front line against Covid-19 Management" (as Speaker) dated on 3rd February 2021, (virtual conference) Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Nursing Scholarship" at Pakistan Nursing Council Check Shahzad Islamabad, Pakistan with collaboration of Ministry Of Federal Education And Professional Training Govt Of Pakistan. ➤ 4th International Conference (as chair of Scientific Session) titled 'Challenge of Change' 1st to 2nd February, 2020, Shalamar Medical and Dental College (SMDC), Shalamar Link Road Lahore. ➤ Workshop on "Ethics at end of Life" (as participant) at, Shalamar Medical And Dental College (SMDC), With The University Of Health Sciences Lahore. ➤ Workshop on "How to write for Publication" (as Speaker) dated on 10th July 2019, Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Curriculum Development" (as Speaker) dated on 11th July 2019, Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Reflective Practice in Modern Era" (as Speaker) dated on 17th July 2019, Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ Workshop on "Interview skills in qualitative research" (as Speaker) dated on 18th July 2019, Shalamar Nursing College Lahore, Shalamar Link Road Lahore, Pakistan. ➤ 3rd international conference SMDC (as Speaker) titled 'Hospital Infection Prevention & Control Workshop' 30th January, 2019, Shalamar Medical and Dental College, Shalamar Link Road Lahore. ➤ 3rd international conference SMDC (as Speaker) titled 'Innovative teaching techniques and strategic in

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- **perspective of 21st century**” 29th January, 2019 Shalamar Medical and Dental College, Shalamar Link Road Lahore.
- **3rd international conference SMDC** (as Speaker) titled **‘Leadership and Teamwork: Navigating Relationship with Peers’** 28th January, 2019, Shalamar Medical and Dental College, Shalamar Link Road Lahore.
- **2nd international conference SMDC** (as Speaker) titled **‘Modern trends techniques and methods of treatment in the field of health care’** 3-4th February, 2018 Shalamar Medical and Dental College, Shalamar Link Road Lahore.
- **Transformation in Nursing Profession through Reflective Practice Nursing**, (as Speaker) 2nd February, 2018, Shalamar Medical And Dental College, Shalamar Link Road Lahore.
- **Nursing Ethics and Professionalism** (as speaker) 31 January, 2018 Shalamar Medical And Dental College, Shalamar Link Road Lahore.
- **Orthopedics, Neuro Surgery** workshop held dated on April 2017, at Aldar Hospital, Madina-Al, Munawara, Kingdom Of Saudi Arabia.
- **Program Siswa Sihat (PROSIS)** 8th December, 2012, Peringkat Negeri Pulau Pinang Malaysia.
- **Towards becoming excellent staff** workshop 27th September, 2012 at Faculty Of Nursing, Allianze University College Of Medical Sciences, Pulau Penang, Malaysia.
- **How to write for publication** workshop 29th to 30th August, 2012 at Faculty Of Nursing, Allianze University College Of Medical Sciences, Pulau Penang, Malaysia.
- **Transformation of culture** workshop 17th July, 2012 at Faculty Of Nursing, Allianze University College Of Medical Sciences, Pulau Penang, Malaysia.
- **Medical and Dental Seminar** 23rd March, 2012, Allianze University College Of Medical Science Malaysia.
- **Strategic Planning Workshop**, 12th -13th January, 2012, Allianze University College Of Medical Science Malaysia.at Banding Lake Resort,Perak, Malaysia.
- **Jabatan Keselamatan Jalan Raya**, “Programme Road and Safety walk” 23rd April, 2011, Allianze University College Of Medical Science Malaysia.
- **Training of trainers** (as facilitator of SPD camp) 26th March 2011, Allianze University College Of Medical Science Malaysia.
- **Strategic Planning** Workshop, 29th, 30th & 31st October 2010, Allianze University College of Medical Science, Gunung Jerai, Malaysia.
- **Stoma and Wound Management** Workshop, 12th & 13th November, 2008, at Shoukat khanum Hospital Lahore, Pakistan.

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Research & Publications	<p>WhatsApp-delivered intervention for continued learning for nurses in Pakistan during the COVID-19 pandemic: Results of a randomized- controlled trial Authors: Sara Rivi Jafree, Rubeena Zakar, Nasim Rafiq, Ambreen Javed, Rana Rubaba Durrani, Syeda Khadija Burhan, Syed Mujtaba Hasnain Nadir, Fatima Ali, Aimen Shahid, Ain Ul Momina, Qaisar Khalid Mahmood and Florian Fischer Date of Publication: 15/02/22 Journal: Frontiers in Public Health, section Digital Public Health Published: http://journal.frontiersin.org/article/10.3389/fpubh.2022.739761/full</p> <p>Perception of students regarding Web-based/E- Learning during Covid -19 at Nursing College Lahore Pakistan Authors: Gulshan Umbreen, Zubaida Akhtar, Nasim Rafiq Date of Publication : 10/01/2021 Journal: Annals of Medical and Health Sciences Research Published:https://scholar.google.com/citations?view_op=view_citation&hl=en&user=CIYFEP8AAAAJ&citation_for_view=CIYFP8AAAAJ:d1gkVwhDpl0C</p> <p>Factors Affecting Job Motivation among Nurses at Punjab Institute of Cardiology, Lahore Authors: Humaira Batool, Shazia Nazir, Nasim Rafiq, Zubaida Akhtar Date of Publication : 2022/4/12 Journal: Pakistan Journal of Medical & Health Sciences Published: https://scholar.google.com/citations?view_op=view_citation&hl=en&use</p>				
Professional Affiliations and Memberships	MEMBERSHIP	FROM	TO	INSTITUTION	CITY/COUNTRY
	Active Member	2018	To-date	Punjab Bio- Ethics Group	Lahore, Pakistan
	Active Member	2017	To-date	Academic Council Committee UHS	Lahore Pakistan
	Active Member	2019	To-date	Research Supervisor and Advisor of Post RN Thesis	Kuala Lumpur, Malaysia
	Active Member	2020	To-date	Member of Institute Review Board (IRB)	Lahore, Pakistan
	Active Member	2018	To-date	Member of Punjab Health Sector Strategic Program	Lahore, Pakistan

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	International Speaker	2018	To-date	MAHSA University KL	Kuala Lumpur, Malaysia
	Active Member	2017	To-date	Member of Academic Council committee NEBP	Lahore, Pakistan
	Registered Nursing Director	2015	2017	RN, RM Ministry of Health Kingdom Of Saudi Arabia	Madinah, Saudi Arabia
	Registered Nursing Lecturer	2012	2015	Malaysian Nursing Board	Kuala Lumpur, Malaysia
	Registered Nurse Practitioner	2008	2011	Pre -Hospital Emergency Care Council	Ireland
	Registered MSN Nurse	1997	2024	RN, RM of Pakistan Nursing Council	Islamabad, Pakistan
Awards & Honors	<ul style="list-style-type: none"> ➤ Research excellence award on international publication from Shalamar Institute of health sciences Lahore dated on 11th March, 2022. ➤ Appreciation recognition Award as principal from Shalamar Institute Of Health Sciences Lahore dated on 21st March, 2022. ➤ Appreciation Award from MAHSA University, Kuala Lumpur, Malaysia on 1st international nursing symposium dated on 25th October 2018. ➤ Appreciation Award CEBAHI Mock Survey May (2016), from Aldar Hospital Madinah –Al-Munawara, Kingdom Of Saudi Arabia. ➤ Appreciation Award as Nursing Director in 2015, from Ittefaq Hospital (Trust), Model Town Lahore, Pakistan. ➤ PPD Camp facilitator at Allianze University College of medical sciences 2013-2015, Pulau Penang, Malaysia. ➤ Browns medal in Post Basic Specialization in Nursing Education March (2008) from Postgraduate College of Nursing, Lahore, Pakistan. ➤ Silver medal in Post Basic Specialization in nursing management March (2007) from Postgraduate College of Nursing, Lahore, Pakistan. ➤ Best student award (2004) on Capacity Building Of Nursing course from National University of Modern Languages (NUML) University, Islamabad, Pakistan. ➤ Top position in Diploma in Midwifery in February (1996) from Services Hospital Lahore, Pakistan. 				

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	<ul style="list-style-type: none">➤ Top position in Diploma in Nursing in March (1995) from Services Hospital Lahore, Pakistan.
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